



Home Security Checklist for Seniors

- ❖ All doors and windows are locked (even when at home).
- ❖ Deadbolt locks are installed on all main doors.
- ❖ Sliding doors have a security bar or rod.
- ❖ Outdoor areas are well-lit with motion-sensor lights.
- ❖ Nightlights are placed in hallways and bathrooms.
- ❖ A home security system or alarm is installed and active.
- ❖ Doorbell camera or peephole is installed for visitor screening.
- ❖ Never open the door without checking who is outside.
- ❖ Important documents are stored in a locked, fireproof box.
- ❖ Emergency contact list is placed near the phone.
- ❖ Trusted neighbours or family check in regularly.
- ❖ Valuables are kept out of sight and secured.
- ❖ Cell phone or medical alert system is within easy reach.
- ❖ Strong passwords are used for all online accounts.
- ❖ Shred sensitive papers before throwing them away.
- ❖ Pathways and entrances are kept clear to prevent falls.
- ❖ Spare keys are only given to trusted family or friends.